



Christchurch City Council

RICCARTON/WIGRAM COMMUNITY BOARD

COMMUNITY SERVICES COMMITTEE AGENDA

WEDNESDAY 27 APRIL 2005
AT 8.30AM

AT SOCKBURN SERVICE CENTRE, BOARDROOM
149 MAIN SOUTH ROAD

To: Community Services Committee

Copy to: Community Board Principal Adviser
Community Development Advisers
Community Recreation Adviser
Community Engagement Adviser
North Hornby Community Recreation Coordinator

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1. **APOLOGIES**
2. **2004/05 PROJECT FUND UPDATE**
The purpose of this report is to update the Community Services Committee on Board Project Funds
3. **HORNBY YOUTH WORKER PROJECT – APPLICATION FOR FUNDING**
The purpose of this report is to request approval from the Community Board, via the Community Services Committee, to provide funding of \$20,000 from its Youth Initiatives Fund (2004/05) for recreation programmes delivered by the Hornby Youth Worker Project.
Michael Tan, CDN Trust Board member and supervisor will be in attendance today.
4. **NORTH HORNBY HEALTHY LIFESTYLES PROJECT – APPLICATION FOR FUNDING**
The purpose of this report is to request \$20,000 from the 2004/05 Riccarton/Wigram Community Initiatives and Discretionary Funds towards the continuation of the North Hornby Healthy Lifestyles Project to ensure the project can meet its stated objectives.
5. **TAIAHA WEEKLY TRAINING PROGRAMME – APPLICATION FOR FUNDING**
The purpose of this report is to request \$6,000 from the Riccarton/Wigram Community Board 2004/05 Discretionary Fund for the development of a 2 hour weekly Taiaha training programme.
Tane Keepi, Chairperson of the Te Tohu O Tu Trust will be in attendance today.
6. **CORRESPONDENCE**
7. **ONGOING ISSUES**
8. **NEXT MEETING DATES**

1. **APOLOGIES**

2. **2004/05 PROJECT FUND UPDATE**

1. This schedule provides an update on Board Project Funds, which are aligned to the Community Services Committee. The implications of the financial requests sought from the attached reports on this agenda are shown in italics.

<p>Youth Initiatives Fund Fund established to meet requests for community-based projects/programmes, which have a youth focus. Current balance <i>less Hornby Youth Worker</i> <i>Balance</i></p>	<p>\$30,000 <u>\$20,000</u> <u>\$10,000</u></p>
<p>Community Initiatives Fund Fund established to meet local community initiatives requests. Current balance <i>less Hornby Healthy Lifestyle (partial funding)</i> <i>Balance</i></p>	<p>\$14,000 <u>\$14,000</u> <u>\$ 0</u></p>
<p>Neighbourhood Week Fund Fund established to support community initiatives to meet the objectives. Current Balance</p>	<p>\$1,000</p>
<p>Community Service Awards and Youth Development Grants Fund established to recognise voluntary service and the personal development of youth. Current Balance</p>	<p>\$2,000</p>
<p>Residents Group Fund Fund established to assist Residents Groups with Activities/Administration Costs. Current Balance</p>	<p>nil</p>

2. The current status of the Discretionary Fund is as follows:

<p>Discretionary Fund Fund established to meet any request which may fall outside the criteria of the specified project funds approved by the Board Current Balance <i>less North Hornby Healthy Lifestyle Project (partial funding)</i> <i>less Taiaha Weekly Training Programme</i> <i>Balance</i></p>	<p>\$24,400 \$ 6,000 <u>\$ 6,000</u> <u>\$12,400</u></p>
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3. A copy of current Board Objectives are attached for members' information.

RECOMMENDATION

That the information be received.

3. HORNBY YOUTH WORKER PROJECT – APPLICATION FOR FUNDING

General Manager responsible:	Stephen McArthur
Officer responsible:	Lesley Symington
Author:	Denise Galloway, DDI 941-6536

PURPOSE OF THE REPORT

1. The purpose of this report is to request approval from the Community Board, via the Community Services Committee, to provide funding of \$20,000 from its Youth Initiatives Fund (2004/05) for recreation programmes delivered by the Hornby Youth Worker Project.

EXECUTIVE SUMMARY

2. In 2002 a research paper was undertaken relating to the Hornby Youth Worker project. The research recommended that in order to ensure sustainability and continuity of the project's service, that Board funding be allocated in two-yearly cycles.
3. In response to this recommendation, funding totalling \$40,000 (two years' worth of funding) was allocated for the project from the 2003/04 Board Budget.
4. The two year cycle is about to commence again in the 2005/06 financial year, for which \$20,000 has been allocated from Board project funding (to be released in July 2005).
5. As a further \$20,000 is available from the current financial year (Youth Initiative fund), allocation of the available \$20,000 would effectively complete the two year allocation for this project (i.e. there would be no need to allocate a further \$20,000 to meet contractual commitments for the 2005/06 financial year).

BACKGROUND ON HORNBY YOUTH WORKER PROJECT

6. The Hornby Youth Worker Project commenced in August 1998. The project arose from an outcome of research undertaken by the Health Research Service on the needs of youth in the Riccarton/Wigram wards. This report noted that Broomfield/Hei Hei and Islington had a high transient younger population with fewer recreation options and significant barriers to participation in existing options.
7. The Community Development Network Trust was contracted by the Riccarton/Wigram Community Board to provide a youth worker and relevant recreation programmes to address the above need. The Trust was responsible for appointing, supporting, and supervising the youth worker. The prime objective of the project was to facilitate and promote positive opportunities for young people in the Hornby area.
8. The Riccarton/Wigram Community Board initially provided funding for the salary as well as the programmes. The salary of the youth worker is now provided by the Community and Recreation Unit budget. The Community Board has continued the strong partnership by providing funds for the programmes (camps, activities, events) run by the Youth Worker as well as some funding in 2004 towards the position of a female assistant youth worker for an eighteen month duration.
9. In 2002 the Riccarton/Wigram Community Board contracted an independent researcher to evaluate the Hornby Youth Worker Project. The evaluation highlighted the strengths and weaknesses of the project and gave clear evidence that the project needed to continue. One of the recommendations from the evaluation was "that the Community Board consider a two-year funding commitment to allow for the planning and continuity of the programmes associated with the Hornby Youth Worker Project". The Community Board agreed with the recommendation and was able to provide funding for two years. This covered the 2002/03 and the 2003/04 financial years and was paid from the 2002/03 budget.

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10. The Hornby Youth Worker, Lael Schwartreger provides a six monthly and annual report for the Riccarton/Wigram Community Services Committee. Attached is a summary of the goals, objectives, performance indicators and results. The programmes continue to be well attended and the youth workers are developing different ways of building positive relationships with the young people in Hornby. The Riccarton/Wigram Community Board has agreed to allocate \$20,000 from 2005/06 Board project funding, which would cover the cost of programmes for one year. There is an opportunity to contribute the additional \$20,000 from the Youth Initiatives Fund (2004/05) to complete this commitment.

OPTIONS

11. The Community Services Committee could choose to:
 - (a) Grant \$20,000 to the Hornby Youth Worker Project from 2004/05 Youth Initiative Fund, subject to a satisfactory report from the group in May 2005; this would enable the Youth Worker to plan (for two consecutive years) relevant programmes, activities and initiatives.
 - (b) Grant a proportion of the amount requested.
 - (c) Decline the request and fund the programme from 2005/06 Board Projects Funds.

PREFERRED OPTION

12. The preferred option is to grant \$20,000 from the current Community Board Youth Initiatives Fund (2004/05) which would greatly assist the planning of programmes and initiatives. The Youth Initiatives Fund currently has \$35,000 available.

CONCLUSION

13. In conclusion, the Hornby Youth Worker Project is a highly successful project which has developed significantly over the last eight years. The Riccarton/Wigram Board has in the past responded to the recommendations made by the evaluation (2002) to make two year funding (for programmes) available. This has addressed the need highlighted in the 2002 evaluation and enabled the Hornby Youth Worker to develop programmes and activities for youth in the Hornby area.

STAFF RECOMMENDATION

It is recommended that the Community Board allocate \$20,000 to the Hornby Youth Worker Project from 2004/05 Youth Initiatives Fund to enable the Youth Worker to plan (for two consecutive years) relevant programmes, activities and initiatives.

CHAIRPERSON'S RECOMMENDATION

That the Officer's recommendation be adopted.

4. NORTH HORNBY HEALTHY LIFESTYLES PROJECT

General Manager responsible:	Stephen McArthur
Officer responsible:	Lesley Symington
Author:	Gina Stewart, DDI 941-6520

PURPOSE OF REPORT

1. The purpose of this report is to request \$20,000 from the 2004/05 Riccarton/Wigram Community Initiatives and Discretionary Funds towards the continuation of the North Hornby Healthy Lifestyles Project to ensure the project can meet its stated objectives. The current balance of the Community Initiatives Fund is \$14,000. An additional \$6,000 is also requested from the Discretionary Fund to meet the shortfall.

EXECUTIVE SUMMARY

2. The Christchurch City Council, Community and Recreation Unit has coordinated the North Hornby Healthy Lifestyles Project since August 2003. Funding of \$55,000 was received from Sport and Recreation New Zealand (SPARC) and \$40,000 from the Riccarton/Wigram Community Board for the period of August 2003 to December 2005. These costs covered all expenses, including staff costs, car and fuel usage, programme development, research and operational costs.
3. During the first year all programmes were independently set up by the North Hornby Community Recreation Co-ordinator. All programmes were evaluated and an evaluation report prepared and sent to all parties. A key outcome was a strong recommendation for the project to continue. This involves the Recreation Co-ordinator providing support and education to the agencies/organisations to continue these programmes without (in future years) a hands-on role from the Recreation Co-ordinator.
4. At present the Recreation Co-ordinator is currently up-skilling and educating key people within these organisations in a number of key development areas, for example, how to successfully apply for funding, how to set and manage a project budget, employment issues and opportunities and how, when and why to advertise. It is essential that the Co-ordinator continues to support these agencies beyond the current project completion date of 2 December 2005 to ensure these objectives are met and for programmes to be sustainable long term without assistance from a recreation professional.
5. The North Hornby community has experienced a number of success stories over the past 2 years, as a result of this project. Project updates are:
 - **Taiaha Wananga**
Accessibility for children in the North Hornby area. Evaluation by Pae Manawa Associates assessed the spiritual, physical, emotional and behavioural benefits that this programme has had for participants. The evaluation highlighted that ongoing support is needed by the Christchurch City Council and a weekly taiaha training be developed.
 - **Healthy Cooking classes**
Healthy Cooking classes were set up in three after school programmes - OSCAR Hornby, OSCAR Gilberthorpes, and Canterbury Fiji Social Services Trust (CFSST). The weekly programme ran for ten weeks, from August to November 2004. Evaluation of these programmes showed that participants attitudes about healthy eating had

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- **The Inaugural Broomfield Hei Hei Community Gala Day**
Approximately 600 people visited this inaugural Gala Day. There was considerable input from local community groups, creating a sense of community identity, support and shared ownership of the event. Evaluation indicated overwhelming support for another gala day but the working committee identified their time commitment could not be guaranteed for the following year. The committee then identified that an outdoor film evening be held instead of a gala day in October 2005, as less time is needed to run this event. This will be further considered in due course.
 - **Healthy Lifestyles Class**
The Healthy Lifestyles class was attended by 16 men and women. The group lost a total of 31.3 kilograms over the 10 week programme.
 - **Pre-School Disco**
Two pre-school discos were co-ordinated at the Hei Hei Community Centre on Wycola Road in 2004. The discos ran from 4.00pm to 6.00pm and were seen as opportunities for families to have fun, meet other families, share food, and promote physical activity as being fun. They also provided the necessary links for those isolated parents to be connected/involved in their community.
6. The rationale behind extending the project for the increased health and well being of the community includes:
- Continue to break down the existing barriers to “participation” in recreational opportunities.
 - Provide reasonable and necessary time to undertake in-depth research as a means to explore alternative strategies to encourage community involvement and participation (particularly by single parents and isolated individuals/families-whanau).
 - Continue to develop programmes in partnership with and for the community.
 - Continue to explore the possibility of new-innovative projects/programmes with and for the North Hornby community, e.g. workplace programme, development of programmes for single parents, Physical Activity Co-ordinator in two schools.
 - Provide opportunity for projects/programmes to be evaluated.
 - Provide a sense of stability for the community. Solid foundations have been established as well as trusted working relationships – these need to be nurtured and sustained for the good work to continue in a meaningful way.
7. As it stands, the majority of these goals will not be fulfilled in the next seven months as these require ongoing management, research and development to become sustainable.
8. This programme meets with Christchurch City Council Policies, Long Term Council Community Plan (LTCCP) outcomes, Riccarton/Wigram Community Board objectives and also SPARC objectives. Within the overall framework of “healthy lifestyles”, a range of community development, Ottawa Charter, Iwi development and other strategies/methodologies will continue to be utilised as the project further develops.

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FINANCIAL AND LEGAL CONSIDERATIONS

9. The North Hornby Healthy Lifestyle Project is in operation until December 2005 and as 31 March 2005 has a balance of \$26,604. Income of \$11,000 from SPARC will be received in July 2005. The monthly operational costs to December 2005 for this project are approximately \$36,000 (exclusive GST), which does not include expenses such as setting up new programmes or support for existing programmes, fuel, stationary, and any additional resources which may be needed to carry out the running of this project. At present, SPARC is currently considering a proposal which requests financial support of \$80,000 for the North Hornby Project extension, but no confirmation has been received to date. Funds are also being sought from Community Trust for \$15,000. The Community and Recreation Unit has \$5,000 available for the project.
10. All funds received from the 2004/05 budget will be spent before July 2005 on programme costs.

BACKGROUND ON NORTH HORNBY HEALTH LIFESTYLES PROJECT

11. The North Hornby Project commenced in August 2003 with a full time employee whose main goal is to improve the quality of life of people living in the North Hornby community using recreation as the key tool. The overarching framework that underpins the work is that of "healthy lifestyles", including the intention to increase physical activity levels. A range of community development, Ottawa Charter, Iwi development and other strategies/methodologies have and will continue to be utilised as the project further develops.
12. The aim of this project is to improve the quality of life of people living in North Hornby by:
 - Increasing participation of local residents in leisure and recreation programmes/activities.
 - Increasing collaboration between groups and agencies, focusing on community health and well-being outcomes in this area.
 - Promoting existing programmes to the community.
 - Establishing new programmes/activities based in local venues.
13. The period of August 2003 to January 2004 focussed on building up networks and key relationships with community groups, agencies, trusts, and resources currently available or operating in the North Hornby community. Through this networking and building of trust, community priorities were identified.
14. From October to December 2004, the North Hornby Community Recreation Co-ordinator position was vacant with the incumbent (Helen Miles) moving into a permanent Community Recreation Advisor position with Council. Gina Stewart was subsequently appointed to the role and commenced work on 6th December 2004. As well as undertaking standard orientation and induction tasks, Gina has spent the last 4 months in the community meeting key people and organisations, building up her networks and local knowledge base. Additionally, Gina has spent some time evaluating the programmes that were set up by her predecessor, whilst also considering new opportunities with and for the community.

OPTIONS

15. Provide \$20,000 from the 2004/05 Riccarton/Wigram Community Initiative and Discretionary Funds for the continuation of the North Hornby Healthy Lifestyles Project. The current balance of the Community Initiatives Fund is \$14,000, the balance sought of \$6,000 to be funded from the Discretionary Fund.
16. If no funding is received the project will be finalised without fully achieving the stated objectives.

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PREFERRED OPTION

17. Provide \$20,000 from the 2004/05 Riccarton/Wigram Community Initiatives and Discretionary Funds for the continuation of North Hornby Healthy Lifestyles Project.

STAFF RECOMMENDATIONS

It is recommended that the Community Board allocate \$20,000 from the 2004/05 Community Initiatives and Discretionary Funds towards the continuation of North Hornby Healthy Lifestyles Project. The current balance of the Community Initiatives Fund is \$14,000. An additional \$6,000 is also requested from the Discretionary Fund to meet the shortfall.

(The current balance of Discretionary Fund is \$24,000).

CHAIRPERSON'S RECOMMENDATIONS

That the Officer's recommendation be adopted.

5. TAIAHA WEEKLY TRAINING PROGRAMME

General Manager responsible:	Stephen McArthur
Officer responsible:	Lesley Symington
Author:	Gina Stewart, DDI 941-6520

PURPOSE OF REPORT

1. The purpose of this report is to request \$6,000 from the Riccarton/Wigram Community Board 2004/05 Discretionary Fund for the development of a 2 hour weekly Taiaha training programme. The programme will teach the use of taiaha or Maori longstaff. The training comprises of learning various **ahai**, or 'on guard' movements, and combinations of positions and rigorous moves. Haka (traditional dance), waiata (song), and karakia (chants and incantations) are also taught. The Taiaha training session will be managed and operated by Te Tohu O Tu Trust who currently organise Taiaha Wananga programmes for the South Island.

EXECUTIVE SUMMARY

2. The Christchurch City Council, Community and Recreation Unit has supported the development of the Taiaha Wananga programme for North Hornby children. A full evaluation was carried out in December 2004 by Pae Manawa Associates Ltd to assess the impact of the Taiaha programme on participants. Recommendation one of that report is: "That Te Tohu O Tu Trust, in conjunction with Te Whare O Nga Whetu and such other community organisation as are willing to assist, establish a pilot weekly Taiaha training session in the North Hornby area, in order to consolidate the skills development and behaviour change in Tauira (student) that have resulted from participation in the residential Taiaha Wananga". The report focussed on the children from the North Hornby area, however the training session will be open to the whole Riccarton/Wigram Ward. The programme is culturally appropriate but does not exclude non-Maori community members should they wish to participate.
3. The training session will be managed and facilitated by Te Tohu O Tu Trust. The training programme will run weekly for two hours, after school at Te Whare O Nga Whetu. To manage the training programme efficiently and effectively, two instructors are needed at each session. The programme will run for 29 weeks from the week starting the 2 May 2005 until 20 December 2005, (this excludes school holidays). Te Tohu O Tu Trust will continuously monitor/evaluate the programme to ensure it is sustainable and meets the needs of the community. Time, duration, day of the week, numbers attending, venue, quality of the programme and overall benefits will be evaluated. Any resident over 8 years of age within the Riccarton/Wigram Ward can join the programme (**at no cost**) by expressing their interest to Te Tohu O Tu Trust.

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An attendance record will be kept but children have the opportunity to turn up on the day without prior notification. Participants do not need to attend a Taiaha Wananga before attending the training session.

4. The 2004 evaluation highlighted the positive physical, emotional, spiritual, cultural, behavioural and mental benefits achieved by attending the Taiaha can be lost after a certain period of time. This is because the principles of the Taiaha are not continuously reinforced between each Taiaha Wananga programme. The Taiaha Wananga programmes are run 4 or 5 times a year hence the need for a weekly training session to reinforce these values.
5. Two options have been identified and assessed:
 - provide funding to support the initiation of the programme; or
 - funding is not granted and the programme will not commence until funding is secured from outside agencies.
6. The demand to attend the Taiaha Wananga programme has increased and the Taiaha programmes have been full. Te Tohu O Tu Trust will use different methods to advertise the training session, including distribution of flyers to schools and community groups, e.g. Te Whare O Nga Whetu, as well as phoning those individuals; who are currently on the Taiaha Wananga register.
7. This programme meets with Christchurch City Council Policies, LTCCP Community Outcomes, and Riccarton/Wigram Community Board objectives.

FINANCIAL AND LEGAL CONSIDERATIONS

8. Te Tohu O Tu Trust is a Charitable Trust and has no paid staff. The majority of members from this trust are employed full time with other organisations. This project cannot be set up without financial funding. Each two hour session is estimated to cost \$200 for all expenses. The cost until the end of December 2005 for this programme is \$6,000.

BACKGROUND ON TAIAHA TRAINING DEVELOPMENT

9. In September 2003 it was identified by the field worker in schools that young people in the Hornby area did not have access to culturally appropriate programmes. Programmes would need to address behaviour, health, cultural, personal and social issues. The field worker applied to the Riccarton/Wigram Community Board for 10 at-risk boys to attend one Taiaha Wananga. Since then the demand has increased to include 40 boys from the North Hornby area to attend each Wananga in 2004. A formal evaluation by Pae Manawa Associates Ltd took place in December 2004. The evaluation showed positive results around all the issues outlined above (for further information see North Hornby Taiaha Wananga Evaluation Project Report, 2004). One recommendation from the report was to provide a weekly Taiaha training session as a way to reinforce positive behaviour, over and above increasing participant knowledge about health, personal and social issues during the Wananga itself.
10. Teachers support the post Taiaha training session because:
 - Participants behaviour improved during school time
 - Participants had longer concentration periods, leading to less disruptive behaviour
 - Wananga provide the opportunity for success for children who are often challenged by mainstream subjects
 - The Taiaha Wananga programme meets the national recommendation of 30 minutes of exercise a day.

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11. This is important because Ministry of Education statistics showed a high level of stand-downs or suspensions in schools of Maori boys (www.minedu.govt.nz).
12. The weekly Taiaha programme will be run for 2 hours once a week at a local community facility in the Hornby area. Each session will be run by two tutors from Te Tohu O Tu Trust and is open to children age 8 years and over at **no cost** to the participants. Each two hour session will cost \$200 inclusive of all costs.
13. The programme will be monitored and evaluated throughout the sessions. Evaluation will focus on; time of the day, duration, day of the week, numbers attending, venue, quality of the programme, and the benefits to each participant.

OPTIONS

14. Provide \$6,000 from the Riccarton/Wigram Discretionary Fund for the development of a 2 hour weekly Taiaha training programme. This programme has been identified as a youth initiative but no funds are available from this fund, so money is being requested from Discretionary.

(The current balance of the Discretionary Fund is \$24,000).

15. If no funding is granted the programme will not commence until funding is secured from other organisations.

PREFERRED OPTION

16. Provide \$6,000 from the Riccarton/Wigram Discretionary Fund for the development of a 2 hour weekly Taiaha training programme.

STAFF RECOMMENDATIONS

It is recommended that the Community Services Committee allocate \$6,000 from the 2004/05 Discretionary Fund towards the establishment of a weekly Taiaha training programme. This programme has been identified as a Youth Initiative Project. However, as no funds are available from the Youth Initiative Fund, funding is being requested from the Discretionary Fund.

(The current balance of the Discretionary Fund is \$24,000).

CHAIRPERSON'S RECOMMENDATIONS

That the Officer's recommendation be adopted.

6. CORRESPONDENCE

7. ONGOING ISSUES

8. NEXT MEETING DATES

Wednesday 8.30am
1 and 29 June 2005