

4. WARRIOR KIDS LIFE SKILLS PROGRAMME

Officer responsible Community Advocate	Author Annie Smith, Field Worker in Schools
Corporate Plan Output: Public Accountability 3.2.text.2.1	

The purpose of this report is to request funding for a life skills programme called Warrior Kids. Warrior Kids is a 10 week programme for children aged 5 to 13 years. It has successfully been operating in the North Island since 1994.

Warrior Kids uses a form of therapy called Nga rima waiwai elemental therapy™, and peaceful martial arts called Quinart. The two approaches offer children emotional management, support, self-protection, and behavioural responsibility and communication skills. In addition Warrior Kids also offers self-esteem, social skills, confidence, discipline, courage, fun and fitness.

The main content of the programme teaches children safe methods of dealing with emotion with a strong focus on managing anger. Each individual programme aims to create an environment of trust and respect along side group and individual ownership and responsibility. This is to ensure that a level of honesty with emotion can be achieved.

My aim is to run one programme in the third or forth term of this year using Methodist Mission trained facilitators. If this is successful I will be looking at accessing funding so that Warrior Kids can be run throughout the Papanui Cluster.

The Child and Family Service of the Christchurch Methodist Mission recognises the benefits of Warrior Kids and is training facilitators so that it can be run throughout Christchurch. The creator of Warrior Kids, Tim Tipena, was in Christchurch recently training people from Methodist Mission and other agencies so that the unique approach could be maintained.

Ross Willocks, Principal of Papanui Primary School, is very keen on being involved on this project. At this stage Warrior Kids would be run from Papanui Primary.

Donna Alan, Manager of the Child and Family Service for Methodist Mission is also extremely interested in working alongside me in making this programme successful for the Papanui area.

Summary of important information:

- Warrior Kids is a Life Skills Programme.
- The cost for Warrior Kids is \$1000, plus GST.
- The programme is for 10 weeks and each session lasts 60-70 minutes.
- The number of children on each programme is 14.
- The children's ages will be between 5 and 13 years.
- Papanui Primary school will provide the venue.
- The Field Worker in School will find the children who will attend Warrior Kids.
- Methodist Mission will provide the facilitators, organise the programme and run Warrior Kids.

Recommendation: That the Board provide \$1000, plus GST from 2000/01 Discretionary Funds for a Warrior Kids programme to be run from Papanui Primary School.

Chairperson's

Recommendation: That the officer's recommendation be adopted.