

**Christchurch City Council Draft Community Plan 2006-16**

**Copy of Submission emailed to**  
**<http://www.ccc.govt.nz/LTCCP/Draft/Submissions/> on 4<sup>th</sup> May 2006 by**  
**Jackie Cooper**  
**69 Harewood Road**  
**Papanui**  
**Christchurch**  
**Tel 0274677588 or 3541140**  
**Email [j1955c@hotmail.com](mailto:j1955c@hotmail.com)**

**I do wish to talk to the main points in this written submission at the hearings**

**I am completing this form for myself**

**My submission refers to the full version of the Plan pages 97-99**

**Q1 Comments on major projects in Plan**

The structure of the Draft Community Plan provides an excellent framework for applying the principles of Health Impact Assessment processes, as well as integration of social epidemiological factors which will influence it's success in achieving the commitment to making sure "Christchurch is a great place to live".

**Q2 Comments on groups of activities**

The stated activity relating to **community support** which aims to develop "strong and inclusive communities and opportunities to meet & socialise", relates to an attached proposal which I invite Council to consider.

It is based on the premise that to be strong, people need to have at least the physical basics of life, an equitable share of social & economic resources, physical, psychological and spiritual health, a sense of belonging, be well informed and encouragement to set realistic life goals. The Draft Plan reflects those factors at a city level and my proposal applies them to people as the citizens of the Aranui suburb and in turn, as integral building blocks of the population of greater Christchurch. The proposal relates well to the Council's provision of "facilities to meet community needs", "strengthening communities to take responsibility for themselves" and "recognising the needs of target groups".

As a neighbourhood based initiative, with Council support, it will convey the message that Aranui residents are considered and valued. It also has the potential to be a catalyst for city-wide recognition of the real social disparities, which all Christchurch residents, as individuals, businesses, benefactors and government agencies can help reduce. The connectedness which is assumed by most is a factor which needs to be actively encouraged for disadvantaged populations.

Working in close association with the Aranui Community Trust Incorporated Society, already supported by Council, it serves as an example of the "whole of government" approach to planning, delivery and evaluation of services. It is based on already established functional links between health, education and social development agencies. As such, it links with many of the activities outlined in the Community Plan, addressing a number of the stated outcomes. I believe the proposed initiative is an opportunity to foster greater social inclusion, not always seen in many facets of life in Christchurch. Future application of the model could have benefits for our increasingly diverse population.

**Q3 Comments / suggestions**

The needs analysis for the proposal, derived from a community development model, reflects the significant demographic differences of Aranui and Christchurch City. These include the age, ethnicity, socio-economic, and educational achievement data, which inevitably impact on any citizen's involvement with Council's "decision-making processes", their ability to "stand on their own feet" and to "participate in leisure activities" (page 97 full version). My proposal suggests a way for Council to respond, which is correspondingly different, to that which can be relied on for those who fit the proud description, in the Community Plan, of "Christchurch today".

**Supporting documentation as background to the hearing, plus letters of support are attached to this submission**

**Christchurch City Council Draft Community Plan 2006-16**

**Supporting Documentation for Submission by**

**Jackie Cooper  
69 Harewood Road  
Papanui  
Christchurch**

This submission relates to the Draft Community Plan's objectives relating to a safe, well-governed, prosperous, healthy city of inclusive and diverse communities, valuing learning and recreation.

Coordination of service provision concerned with people's wellbeing, ensuring culturally appropriate intervention and on-going support, is an integral part of the vision to establish a

### **Neighbourhood Family Support / Oranga Whanau Centre**

in the neighbourhood of Aranui. Providing a "first point of contact" service for people with wide ranging concerns about their wellbeing, in a creative, culturally appropriate manner, taking a proactive, health promoting, interdisciplinary approach, the service will help to build the social capacity of the Aranui neighbourhood. It could also assist in developing organisational systems for a Health Impact Assessment approach for Council-wide initiatives in the future.

It relates to the intended Community Outcomes of having "excellent networks, support people & services" which help people "particularly those who are vulnerable" "feel a sense of belonging and participate in the community". Council involvement with the initiative would help to meet the key indicators relating to "perceptions of ethnic diversity, quality of life and community support" because of the increased awareness which would result. Explicit liaison mechanisms between residents and Council, DHB and other health & social care agencies will encourage the sense of having "voice" and feeling "represented by their decision-makers". Employment rates and income levels will be affected by ensuring that people are aware of the opportunities and choices available to them and relating the notion of self development to the services offered at the Neighbourhood Centre. Providing services "where the people are", ie. in or near their homes, as a general urban development strategy applies equally as a means to ensure access to health services. An adaptation of the Healthy Christchurch Charter, focused on the needs of Aranui, would be a sound foundation to work from.

Barriers which prevent people "participating in physical and sporting activities" or "taking part in the arts", those aspects of life which maintain a healthy balance in life, could be explored within the proposed framework. Likewise, the intention would be to encourage increased attendance at early childhood education centres as a basis of "a good basic education". Improving people's chance of reaching their potential, having greater self belief and increasing their awareness of their options will contribute to the "city of lifelong learning", but only when people have good health and sense of wellbeing.

Evaluation of the proposed health care brokerage service would be a way to inform residents and service providers across Christchurch and thus encourage a more cohesive community structure which values diversity.

The proposed initiative, which I would like to present at a hearing, offers a way to build on the achievements of a DHB funded strategic initiative, which has established a novel neighbourhood nursing model of service delivery. The Aranui Nursing Project provided a rare opportunity to navigate, alongside people, through the often turgid, impenetrable health care system. As a result of the District Health Board's vision in supporting the Project, fundamental building blocks are now established. Valuable insights have been gained regarding the difficulties which people, who live with the complexity often associated with poverty encounter in both accessing and benefiting from traditional health services. Having got it so near right, on-going work is needed to ensure a meaningful return on the investment to date.

The notion of a community-based integrated health & social support team, would seem to be an appropriate development for consideration, in an attempt to better reach a high needs population. Such a service would effectively and efficiently combine the skills and knowledge bases of a nurse and a social worker, as a core team with additional interdisciplinary input, thus create a more responsive, culturally appropriate, cost-effective workforce.

Working alongside an Aranui Ministry of Social Development's Heartlands initiative, this would provide an initial health focused, perspective. It will enhance and complement the services of a wide range of existing health & social care providers, who all contribute to the improvement of social outcomes, and therefore health, for the people living in Aranui.

Aligned with national policy imperatives and local strategic directions, the service development proposal will contribute to quality improvement of health care delivery, across the primary/secondary service interface as well as workforce development initiatives. Whilst services continue to work in ways which suit only the majority, the needs of the minority are not going to be met. If different results are wanted, different ways will need to be tried. The proposal to establish a neighbourhood centre provides an opportunity to ensure that the benefits of relationships established during the Aranui Nursing Project, and the traction of emerging community and service provider developments, will not be lost. The cost of further development needs to be considered in light of the inevitable cost of not providing the service described, which has the potential to lead to greater need for more costly health and social interventions in the future.



**Projected TOTAL monthly cashflow based on TOTAL annual cashflow of \$124,700 for the first 3 years of the initiative (July 2006 – June 2009)**

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
wages	7750	7750	7750	7750	7750	7750	7750	7750	7750	7750	7750	7750
Admin	833	833	833	833	833	833	833	833	833	833	833	833
Mileage	183	183	183	183	183	183	183	183	183	183	183	183
Communication	208	208	208	208	208	208	208	208	208	208	208	208
Evaluation												3330
Total	8974	8974	8974	8974	8974	8974	8974	8974	8974	8974	8974	12,304

NB. Interim evaluations I & II will be undertaken at 12 & 24 months with final evaluation expense at March 2009 in order to inform future planning ie \$3330 at December 2008

**Additional funding and support-in-kind**

Other funding sources being explored, include local health related funding organisations, charitable trusts and educational institutions seeking proportions from each for the necessary resources.

An offer has already been made for research-based funding to support the Centre, with a particular interest in the primary school aged population of the neighbourhood.

Capital items obtained, by District Health Board, for the Aranui Nursing project include desk, chair, filing cabinet, examination couch, clinical assessment equipment (blood pressure, hearing etc) which, it is hoped (although not certainly) will be donated to the Centre.

Functional support will be sought with laboratory services, educational material will be accessed from health information centre and public library along with functional relationship with local Adult Community Education coordinator.

Extensive existing professional local, national and international networks will provide valuable support and guidance.

Use of an existing, familiar neighbourhood venues have been offered at no cost. These include office space, use of their management systems, areas for private interview /consultation.

The existing support represents a significant amount of the cost of such a service, if it were to start from "scratch" and emphasises both local community and multi-agency commitment to the initiative and desire to see further developments. Letters of support are forwarded with this submission.



**Christchurch City Council Draft Community Plan 2006-16**

**Letters of Support for Submission by**

**Jackie Cooper  
69 Harewood Road  
Papanui  
Christchurch**

NEW ZEALAND  
**Labour**

www.labour.org.nz

13 April 2006

**TO WHOM IT MAY CONCERN**

I wish to offer my full support for the continuation of the position of Primary Care Nurse Specialist – Aranui Nursing Project.

I was very excited when Jackie Cooper was awarded Strategic Initiative funding from the Canterbury District Health Board to run this project from June 2003 to June 2006.

I can't believe that 3 years has gone by but nor can I accept that this project should come to an end. It has lived up to all expectations and I know that I speak for many when I say that it has made a huge difference to Aranui.

It set out to improve access to care by collaborating with the range of existing providers, which is what Jackie managed to achieve. It isn't often that a new model of care is able to be developed with the community in the way that this has been and I believe that this project is an excellent model for future service delivery.

The success of the project has been based on its ready integration into the local community and close association with Aranui Community Trust Incorporated Society. What I like about the project is that the focus ranges from personal health to community wellbeing in accordance with well established health promotion principles as set out in the Ottawa Charter.

This service is widely supported and is proving to be very beneficial to the community, especially with the links into other primary providers in the area.

As Jackie has identified herself, if people are unwell or do not have the basics of life, including trust in the system and the confidence to get help, they're not in a position to make a full contribution to society or achieve their full potential in life. In improving the circumstances in which people live, the community becomes a healthier place and can broadly support the advancement of each member of the community. There is no question that Jackie's project has contributed to the social development needs of the community and with your support will continue to do so.

Yours sincerely

Lianne Dalziel  
MP for Christchurch East

Hon Lianne Dalziel, Member of Parliament for Christchurch East  
PO Box 16106, Aranui, Christchurch, Phone 03-382 0288, Fax 03-382 0275  
E-mail lianne.dalziel.mp@xtra.co.nz



Aranui Community Trust Incorporated Society  
37 Hampshire Street  
PO Box 15 036  
Christchurch  
Phone: (03) 963 7070  
Fax: (03) 963 7076

12 April 2006

**To Whom It May Concern:**

I am writing this letter on behalf of the Aranui Community Trust Incorporated Society, to endorse Jackie Coopers funding application to establish a "Family Support Whanau Ora Neighbourhood Centre" in Aranui.

Jackie has been the communities nurse specialist here in Aranui for three years. The difference that Jackie's has made in our community as a whole is extraordinary. She works in a different way with our community where she coordinates all different sorts of health and social service organisations in a more collaborative way. Additional services have started in Aranui as a result of Jackie raising profile of the needs of the people in Aranui. She encourages people to get involved in contributing to making things better for their own neighbourhood.

ACTIS has full knowledge regarding the exceptional way Jackie works with our families in their homes and with the students at all our local schools. Jackie offers a holistic approach for our families which has real outcomes. Good access to available health services are paramount for our community.

The consultation the Aranui Community Trust has carried out with our community identifies the need for more collaboration between the health service providers and the community. A position like this in our community definitely addresses this. You are welcome to view any of our community consultation documents.

Jackie believes that the needs of the entire family are equally as important as those of the individual. Working outside the traditional health setting is quiet common for Jackie where her position enables her to work in a way that develops the whole community as well.

**OUR VISION**

"Aranui - a community of hope and opportunities where families matter"

**OUR MISSION**

"All families know, give and get the services and support they need"

**OUR KAUPAPA**

"The Aranui Community Trust exists to bring together the people of Aranui"

In partnership with Child, Youth and Family service,  
Christchurch City Council & Housing NZ Corporation

A huge focus regarding education on health information and choices are always promoted by Jackie. I know that Jackie believes that if a person is healthy and feeling good about themselves it enhance their life as a whole, and what might have been a hurdle 6 months ago might just be a wee step with the help of Jackie along the way.

We at ACTIS believe that if there is not a health coordinators position in Aranui we will return to services not being coordinated and the services not fully utilised.

If you require more information please do not hesitate to contact me.

Yours sincerely



Rachael Fonotia  
Manager  
Aranui Community Trust Incorporated Society

To whom it may concern

Dear Sir/Madam,

I'm writing this letter in support of Jackie Cooper she is essential to our African Community. She doesn't count the hours that she spends with us I never really had any trust in the medical system until Jackie came along she said to her why ain't you the doctor. She's a kind loving compassionate person she loves helping people I had a stroke last year who was there Jackie she came to visit me in the time I was in hospital (Public & Burnwood) right up until she took her holidays. She goes out of her way from checking your sugar levels blood pressure, your entire body head to toe she takes us to the lab in Kilmore St and home again nobody takes that extra mile but Jackie she loves what she does please don't take her away from us. Jackie is needed in our community she's put faith back into us and the medical system.

Love From

Lena, Mike & my  
Family

11 April 2006.

Raenya Kivava -

8 Kowes Rd

Aranui

Ch-Ch.

Ph. 021 129 3261.

To whom it may concern,

I'm writing this letter on behalf of Jackie Cooper, our Health Nurse. Since Jackie has been in our community she has helped a lot of people in Aranui. From young and old she has been there for us all. We all have enjoyed her helpfulness and also her kind words and advice. As a parent I wouldn't know who to talk to if she wasn't around. She cares a lot for all the people in Aranui and is very reliable and also follows up on her patients. I feel without her in our community a lot of people would not attend or see the doctor's because he always has a waiting list. I feel that she is a good ~~asset~~ asset to Aranui. So please help us and keep her in our community.

Thank You.

Raenya Kivava.

12 April 2006

  
**Housing New Zealand**  
Housing New Zealand Corporation

**Linwood Neighbourhood Unit**  
225 Linwood Avenue  
PO Box 24133, Christchurch 8030  
Free phone 0800 801 601  
Tel 0-3-375 0909, Fax 0-3-389 3214  
[www.hnzc.co.nz](http://www.hnzc.co.nz)

**To Whom It May Concern**

I am writing in support of the Aranui Nursing Project and the benefits this project has had in the Aranui Community.

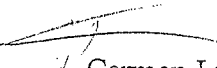
I have been informed that the funding for the Aranui Nursing Project is coming to an end, so financial assistance to support this community based work will require funding from other sources.

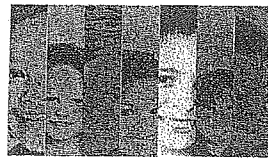
I am aware of the great work that is going on through this project and believe that it should be continued for the benefit of the Aranui Community. Jackie Cooper from this project has been crucial to the on going development of Aranui. She has gained the trust and the confidence of the people to ensure they have in place many of the necessary services they require, which previously they failed to access. She has also played a large role in the social development of this community by providing support, not only to individuals, but also to the other agencies and projects working within the area.

I am in full support of the Aranui Nursing Project and hope that funding will be available for it to continue. Individuals have benefited not only from the increased access and knowledge of services but also from the community development such projects inspire.

If you would like further information please contact me on (03)375 0166.

Yours sincerely

  
Carmen Lynskey  
Housing Services Manager  
Linwood / Aranui



# kidsfirst

K I N D E R G A R T E N S

All the colours of childhood!

Kidsfirst Kindergarten Portsmouth Street  
36 Portsmouth Street  
PO Box 15 060  
Christchurch 8007

12 April 2006

To whom it may concern:

We are a high-need kindergarten in a multicultural, low socio economic community offering free early childhood education to over 50 families.

We have been involved with the Aranui Nursing Project for the last 3 years on a weekly basis and wish to stress the importance of continuing this service in our community.

Many of our families experience difficulty accessing the health services they need e.g. Plunket, Family Doctors, Family Planning etc. They often lack the skills and confidence to make progress in the public health system and to seek appropriate health options.

Jackie Cooper works in a variety of ways to help people with health issues which impact their ability to contribute to society.

Some of these include:

- Weekly kindergarten visits to meet new families and discuss health concerns with existing families.
- An Informal Clinic providing:
  - Family planning information
  - Weight management support for adults.
- Home visits to families.
- Acting as a link between families and health providers.



- Provision of information to support programmes at kindergarten.
- Presenting education sessions to children about health issues e.g. dental hygiene, safety, healthy hygiene practices.

Our families have been able to develop high levels of trust and confidence in Jackie to quickly act on their behalf with health concerns.

The Aranui Nursing Project is not replicated in the community and has the support of many organisations.

We do not have access to any similar service and cannot utilise Public Health Nurses to intervene with any health concerns we may have concerning families and children who attend our kindergarten.

We rely on Jackie's knowledge, contacts, initiative and perseverance to make a difference for families who often struggle with the basics of life.

We see the Aranui Nursing Project as a huge benefit to the families of the community and would be greatly distressed if the programme were to come to an end.

Yours Sincerely

The Teaching Team at Kidsfirst Kindergarten Portsmouth Street  
Chris Waller, Narelle Wallace and Janine Rich.

# Home Made Partnerships Trust

65-69 Hampshire Street  
PO Box 15 079  
Aranui  
Christchurch



Christchurch Supergrans  
**Building HomeSkills**

website: [www.supergrans.org.nz](http://www.supergrans.org.nz)  
email: [chchsUPERGRAN@paradise.net.nz](mailto:chchsUPERGRAN@paradise.net.nz)  
phone: (03) 388 6415  
Fax: (03) 388 6439

12 April 2006

Re: ARANUI NURSING PROJECT

I write in support of the above project which has been operating in this area since June 2003 under the guidance of Jackie Cooper Primary Care Nurse Specialist.

Christchurch Supergrans has been based in Aranui since June 1996 as this was perceived to be the area of greatest need within our city, and although we work with clients from all over the city, the greater percentage are from the eastside of Christchurch.

In the time that I have been Manager of Supergrans I have seen the benefits of the above program to our local community, particularly in addressing the health issues of many of our families. There have been a number of occasions where we have worked collaboratively with Jackie in addressing many of these health issues, including nutritional health.

In spite of the amount of work being done by both our organisation and the Nursing Project, it is a sad reality that we have really only started to 'chip away at the tip of the iceberg'. The families that we are working with face a huge number of long standing issues and because of past histories need to be helped to address these issues one at a time. Having said that, there have been many, many successes as a result of intervention and support on a local level, and it is notable that the health issues of the children in particular are being attended to.

I believe that if the Project were to finish now, the benefits of what has been achieved to date, would be lost and our children in particular, would suffer as a result.

Yours sincerely,

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Zoë Manley  
Manager  
Christchurch Supergrans



13 April 2006

To Whom It May Concern,

**Re: Jackie Cooper - Aranui Nursing Project**

Kia Ora,

I am writing this letter in support of the Aranui Nursing project and in particular, Jackie Cooper whose work in the community has been very valuable.

Valuable in the sense that Jackie has always put people in this community first. In her role she is asked by community people and the providers to go over and above her call of duty. She deals with a lot of the social and health issues within that area.

Jackie's position is vitally important because:

- It maintains the progress that Jackie has made in the community.
- It shows the community that the CDHB and other governmental agencies are committed to the health in the long term and that people and services don't just come and go.
- It strengthens those relationships between community and health professionals.

Communities like Aranui need the professional and community support long term. We believe that Jackie Cooper fills some of those gaps really needed in that community especially around the health and social services.

Naku noa

Te Hae  
Project Manager  
Canterbury Nutrition and Physical Activity Programme



Jackie Cooper  
Senior Lecturer / Primary Care Nurse Specialist  
Department of Public Health and General Practice  
Christchurch School of Medicine and Health Science  
University of Otago  
PO Box 4345  
Christchurch

12 April 2006

To Whom It May Concern

I write this letter in support of the role and the work that Jackie Cooper continues to do in the Aranui neighbourhood.

Through the Aranui Nursing Project Jackie has been able to offer a range of supportive health and social work initiatives that have been beneficial to individuals and families within this community.

The Aranui Nursing Project which has been funded by the District Health Board Strategic Initiative funding since June 2003 will end on June 2006.

In order to continue her work in this area Jackie is having to make applications for funding to your agency for which He Oranga Pounamu is fully supportive.

Heoi anō

Fiona Pimm  
CEO

# Canterbury

## District Health Board

Te Poari Hauora o Waitaha

12<sup>th</sup> April 2006

### To Whom it May Concern

As a Health Promoter, based for 12 years in the Community Resource Team of the Canterbury District Health Board, I have been aware of the excellent work that has been carried out by Jackie Cooper in the Aranui community for the past 3 years.

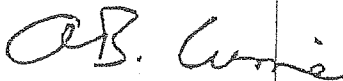
I am aware that, under the guise of the Aranui Nursing Project, Jackie has operated from a community action model of addressing primary health needs. She has shown very good leadership particularly on seeking to redress community service gaps for the local residents.

I believe that her over all nursing experience coupled with her knowledge of the underlying causes of social ill health in communities, is important, when thinking of what responses and interventions are needed. I have valued the times when she has raised community health issues with me.

Jackie is widely known and respected through a variety of sectors in Christchurch. Through her networking and advocacy she has encouraged other people to get involved in supporting their community.

For these reasons, I believe that if Jackie were to be successful in obtaining a financial grant, she would be able to make very good use it, to achieve effective and concrete results for and with the local people.

Yours sincerely



Ann Currie  
Community and Public Health