

2. 2004/05 COMMUNITY WORKERS SUPPORT FUND – BISHOPDALE COMMUNITY TRUST ACCOUNTABILITY AND OUTCOMES REPORT

General Manager responsible:	General Manager, Community Services
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PURPOSE OF REPORT

1. The purpose of this report is to provide a summary on outcomes achieved through the Fendalton/Waimairi Community Board's 2004/05 Community Workers' Support funding provided to the Bishopdale Community Trust.

BISHOPDALE COMMUNITY TRUST

2. Amount received: \$10,000
Project duration: July 2004 – June 2005
Project description: Employment of a Community Worker (Annie Smith)

AGREED OBJECTIVES AND OUTCOMES:

(a) Facilitating the establishment of at least three community support programmes:

3. *Community Lunches*
This programme aims to work towards breaking down loneliness within the community and to offer a safe, welcoming and friendly environment where friendship and support can be found.
4. Once a week the Bishopdale Community Trust offers soup and rolls (winter) and filled rolls (summer) to the community free of charge. On average 15 people attend the community lunch per week and the largest number attending over the last year was 27. This programme continues to grow with new people attending regularly.
5. *Monday Morning Support and Coffee Group*
This group aims to empower those that attend to make positive choices in their lives and encourage support and friendship. The group is relatively self-managing, self-nurturing and independent. The majority of volunteers for this organisation have come from this coffee group.
6. Approximately 20 women and one man are involved in this group with an average of 14 people attending each Monday. The group averages one to two new participants each term. The majority that attend this group are of retirement age.
7. *Bread delivery throughout the community*
Volunteers collect surplus bread from Bakers Delight, Northlands, on three evenings every week and distribute it to those in need in the community. A volunteer has also developed and maintains a roster of volunteers doing the collection and distribution.
8. *Vegetarian Cooking Classes*
Basic, affordable and healthy cooking classes are offered each week to the community. A volunteer organises and runs these classes each Wednesday. On average six people attend these classes each week.
9. *Making Every Day Count*
This course was a series of six interactive workshops designed to equip participants with specific skills to maximise the unique contribution they make at home, at work and in the wider community. Through making a careful exploration of who they are, the diverse roles they have in life, the participants were able to move from their present reality to the future of their choice, in a balanced way. At the end of the course the participants were able to demonstrate an increase in self-esteem and personal empowerment.
10. *Card Making Course*
In the last year the Bishopdale Community Trust has organised five card-making workshops. These are always popular and the community continues to request more each term. Each course has taken approximately eight people.

11. *Neighbourhood Week – Family Fun Day*
In celebration of neighbourhood week the Bishopdale Community Trust held a family fun day on 6 November 2004. The day included a bouncy castle, face painting, Devonshire teas, fun auction and sausage sizzle. It is estimated that about 100 people came and celebrated neighbourhood week.
12. *Family Camp*
A family camp was held on the 21 - 23 January 2005.
13. The aims of the camp were:
- to provide an opportunity for families who wouldn't normally have this prospect due to personal circumstances to enjoy a holiday experience at an affordable cost
 - to strengthen family values in a healthy environment
 - to offer the entire family an opportunity to relax, have fun and develop closer family ties
14. Evaluations showed that people felt the camp was successful because it offered a variety of activities and that the families had the opportunity to mix together. Families with pre-schoolers appreciated having an Under 5's programme which enabled the parents to be able to participate in other activities with their older children also.
15. *Tai Chi/Chi Gong - Gentle Exercise*
In February 2005 the users of Sundbye House identified a need for gentle and affordable exercise classes. A volunteer was approached and agreed to run Tai Chi classes. These classes happen each Wednesday prior to vegetarian cooking. Fifteen people attend each class.
16. *Cake Decoration*
Again by utilising the skill of a volunteer and responding to a need, a three-week course in cake decorating was held. Seven people attended the course. The cakes that were decorated were donated to local pre-schools in the area.
17. *Out and About Club*
It was identified by a number of users at Sundbye House that many people within the community are unable to leave the area and in some cases leave their own homes. This is due to a number of constraints they face such as limited finances, physical ability, social and family isolation.
18. The aims of the Out and About Club are:
- to assist in the process of getting lonely people together through the vehicle of day trips and activities of their choice
 - help to build confidence and independence for the participants
 - help to breakdown loneliness in the community
 - encourage people to have fun, make friends, and find support
 - work towards the participants organising and facilitating their own activities and trips
19. The Out and About Club started in March 2005 and meets the last Wednesday of each month. Twelve to 15 people have attended each trip.
20. *Neighbourhood Packs*
An information package has been developed to give to new residents moving into the Bishopdale area. This package was a partnership between the Neighbourhood Support Groups in the area and the Bishopdale Community Trust.

(b) Promote and encourage participation by residents at Sundbye House:

15. *Community Open Day*
The open day at Sundbye House happened on Wednesday 29th July 2004 and was a huge success. Thirty-three community workers, social workers and other agency representatives attended. All those that were invited were potential referral agencies into Sundbye House. It enabled the Trust to promote their programmes and purpose to the professionals working in the Bishopdale area. Those that attended said they appreciated the opportunity to network and find out more about the Bishopdale Community Trust as well as others in the area.

Sundbye House Statistics

16. Over the past 12 months:
- 299 people have visited Sundbye House - 234 females and 65 males.
 - 94 came for courses and activities, 68 came for information, 79 came for support and company and 58 came for other reasons.
 - 157 people have visited more than 10 times during the year, with 61 of these visiting over 25 times.
 - 235 people identified themselves as NZ European, 29 as Maori, 22 as Asian, 3 as Pacific Island, and 10 from other ethnic groups.
 - 31 people were aged under 30 years, 206 people were aged between 31 and 60 years, and 62 people were aged over 61 years.
17. Sundbye House has been promoted through:
- Regular advertising in community newspapers
 - Notice board at the Bishopdale Community Centre
 - Visits to local schools, churches and community groups
 - Annual Open Day
 - Word of mouth

(c) Promote, encourage and support volunteerism as well as offer appropriate training:

18. The Bishopdale Community Trust currently has 43 volunteers, many of them volunteering their time and talents in more than one activity/project. The Trust employs a part-time Volunteer Coordinator who provides support and supervision for the volunteers.
19. Volunteers have been provided with the following training opportunities:
- One day course at Volunteering Canterbury
 - Collecting of Statistics and BCT Code of Ethics Training
 - First Aid Training

(d) Participate in networking opportunities and partnerships to enhance community wellbeing

21. The Community Worker, Annie Smith, regularly attends the Community Workers Liaison meetings at Fendalton Service Centre. Annie also participates in the NorthWest Community Workers Support Forum.
22. Annie plays a key role on the Project Support Team for the North West Mentoring Trust and was actively involved in the establishment of this project.
23. The Trust has formed a good partnership with the Bishopdale Rotary and now has representation from Rotary on the Trust Board.

FINANCIAL ACCOUNTABILITY:

- | | | |
|------------------------------------|---|-----------------------------|
| 24. Financial Expenditure verified | YES <input checked="" type="checkbox"/> | NO <input type="checkbox"/> |
| Receipts sighted/received | YES <input checked="" type="checkbox"/> | NO <input type="checkbox"/> |
| Full amount of grant spent | YES <input checked="" type="checkbox"/> | NO <input type="checkbox"/> |
25. The Trust's annual accounts clearly indicate the funding received from the Community Board and the Trust has submitted statements and wage records which verify the money was used for the agreed purposes.

CONCLUSION

26. The Trustees have a clear understanding of the roles of governance and provide excellent support to their Community Worker. They are extremely accountable for funding received and provide informative and timely reports.
27. Through the excellent work of the Community Worker, Annie Smith, and the many volunteers of the organisation, this Trust continues to respond to the needs of the community and provides a highly professional service delivered from Sundbye House.

STAFF RECOMMENDATION

That the report be received and noted.