

4. YOUTH HEALTH SERVICE PROJECT HORNBY

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The purpose of this report is to seek funding from the Community Board's Youth Initiatives Project Funds 2001/02, towards costs related to the setting up of a Youth Health Service in Hornby by the Youth Health Trust and the Hornby Care Medical Centre.

BACKGROUND

In February 2000, as a result of discussions between the Fieldworker in schools, Grant Harris and the Hornby Youth Worker, Lael Schwartfeger, a meeting was held involving some key people working with youth in Hornby, to look at the general health needs of young people. Health was defined holistically and included the mental, emotional, spiritual and physical well being of the young person. There was a general consensus that there was a link between health, education, employment and offending.

As a result of this meeting a survey was sent to forty seven youth related services in the Hornby area to ascertain their perception as to whether they considered themselves to be delivering youth friendly services. Youth friendly included; affordability, confidentiality, cultural sensitivity and an overall understanding of the specific needs of youth. Most of the organisations considered that they were youth friendly. Some barriers were identified, however, such as adult pressure to attend counselling, perception of doctor role, lack of time, lack of funding, lack of resources, lack of cultural understanding, mainstream health services being heirarchical, the lack of communication between service providers, the age of those providing the service, and access to affordable counselling. All the organisations agreed that young people need special services as they are a distinct group with specific needs. Research recently undertaken supports the notion that youth specific services enhance the access and utilisation of primary care and mental health services by young people (Mathias 2000).

Having consulted with the local youth service providers it was decided by the newly established Working Party, made up of the Field Worker in Schools (Grant Harris), the Hornby Youth Worker (Lael Schwartfeger), the Public Health Nurse (Julia Anderson), the Maori Community Worker (Wene Hepi), Christchurch City Council Secretarial Services Officer (Angela Lee), the Community Development Advisor (Denise Galloway), and a representative from 198 Youth Health Centre (Dave Mara), that the youth themselves need to be consulted.

A survey was sent to Hornby High School, Branston Intermediate and Templeton School (Form 1 and 2). The total number of respondents from these schools was 549. Significant themes from the survey were identified and a summary of these are attached (as Attachment 1). The respondents also commented in the survey as to what they thought made a health service "youth friendly". These statements have been grouped together under appropriate headings (as Attachment 2). The results of the two surveys were sent to all the organisations and services that originally participated.

198 YOUTH HEALTH CENTRE (HEREFORD STREET)

198 Youth Health Centre has been operating since 1995 and is governed by the 198 Youth Health Trust. The establishment of 198 was made possible by venture capital provided by the Community Trust, a local Philanthropic Trust and a small contract with the Southern Regional Health Authority.

The purpose of the 198 Youth Health Centre is to enable young people of all ethnic backgrounds to have access to services which promote physical, emotional, mental, spiritual and social health.

198 provides free holistic primary health care services for young people 10 to 25 inclusive. Services include peer support, medical, mental health, alcohol and drug counselling, social work, midwifery and an outreach and case management service targeted at children and young people engaged in prostitution (Jointly with New Zealand Prostitute's Collective).

In 1998 the services at 198 were consolidated. All promotion of 198 was stopped as the service had reached full capacity. The client register in 1998(all over aged clients and any clients who had not visited for two years were removed from the client register) grew to five and a half thousand, who collectively made sixteen thousand visits. 198 Youth Centre is currently funded by the District Health Board, the Christchurch City Council, Community Trust, WINZ and CEG.

Since the Centre has been running to full capacity the Trust has been looking at creative ways of addressing the needs of young people who live in the outer suburbs of Christchurch.

One of the significant results of the Hornby Youth Health Survey was, that when asked whether they would use a health facility like 198 Youth Health Centre in Hornby, 68.8% of the total number of respondents answered positively (35% of all those surveyed said they were very likely to use it, this included 16.8% who said “yes”, they would definitely, 33.4% responded to “maybe”, 16.4% didn't know and 5.2% definitely would not). Twenty six out of the twenty nine respondents who had used 198 Youth Health Centre in the last twelve months and answered this question, responded positively to using a youth health facility in Hornby. Although the latter figures do not represent a large proportion of respondents overall, the Christchurch City Council data analyst still considered these results to be significant.

PROPOSAL FOR A YOUTH HEALTH SERVICE AT 58 CARMEN RD, HORNBY

The Youth Health Trust has put forward a proposal, requesting funding to assist in the establishment of a Youth Health Service (similar to 198 Youth Health Centre), in partnership with the Hornby Care Medical Centre, to be located at 58 Carmen Rd. A comprehensive business plan has been developed by Lynda Jeffs (RGON, B.A. M.P.H) of L J Associates, which outlines clearly the services the Youth Health Service would provide, the benefits to the community, the clients, management and governance structure, core values, objectives, marketing plan, reasons as to why this service is required and the initial setting up costs. A copy of this document is available upon request. The initial setting up costs are as follows;

START-UP COSTS (GST INCL)

Signage	\$240
Brochures	\$1,690
Pamphlets	\$80
Training of Peer Supporters	\$2,310
Legal costs for setting up Heads of agreement/contract	\$750
Software for separate client register	\$200
Files	\$420
Waiting Room Furnishings and Furniture	\$300
Magazines	\$425
Community Newspaper advertising (6 weeks at \$135 Per week)	\$810
Stationary including prescription pads	\$567
TOTAL	\$7,792

ONGOING FUNDING OPTIONS FOR 58 CARMEN RD YOUTH HEALTH SERVICE

The Hornby Care Medical Centre, as part of the partnership arrangement with the Youth Health Trust have offered their established premises and infrastructure. The established capital costs have saved the Service an enormous amount of money as the actual cost of setting up a Youth Health Service from scratch is prohibitive.

For the Service to be able to function effectively it requires \$76,000 per annum. This funding will be obtained by the Service when they become part of a local PHO or Primary Health Care Organisation. A local PHO would be able to access capitation funding of \$56 per client per annum plus specialist Mental Health Funding of \$40 per hour from the Ministry of Health via the Canterbury District Health Board (CDHB). The PHO does not provide funding for setting up individual health services, hence this application to the Riccarton Wigram Community Board for financial assistance towards meeting these costs, as outlined above.

It is anticipated that a suitable PHO will be set up within the next twelve months as soon as the Canterbury District Health Board has completed the development of criteria to enable local assessment of the application for PHO status and funding.

According to Lynda Jeffs the business plan for the Hornby Youth Health Service has been developed to meet the Ministry of Health requirements for PHO funding, however it may need some small modification to fit in with CDHB criteria.

The Youth Health Trust will also apply to the Ministry of Health for funding from the Health and Inequalities Fund. Applications for this funding is due in September 2002.

CHRISTCHURCH CITY COUNCIL POLICIES AND RICcarton/WIGRAM BOARD OBJECTIVES/ COMMUNITY MATRIX

In July 1998 the Christchurch City Council adopted a Youth Policy which sets out the Council's commitment to young people, their families and communities. One of the four outcomes identified by the Policy was that "young people have access to the information and resources required to meet their needs". This included health safety and wellbeing. The Youth Policy was followed by the development of a Youth Strategy (Dec. 1999), authored by Robyn Moore (Youth Advocate) and Mary Richardson (Senior Policy Analyst). The Strategy acknowledges that the Council works in partnership with government agencies and non-government agencies and looks forward to continuing to work co-operatively with these agencies. One of the principles noted on page nine of the Strategy is that 'services and activities should be affordable, accessible and available for all young people'.

In relation to "Co-Operation", the Strategy states that "Initiatives to make Christchurch a better city for young people will be most effective when programmes, activities and services are co-ordinated and integrated. This requires co-operation across sectors, the sharing of ideas between different regions and countries, and the involvement of the public, private and voluntary sector. In relation to "Effectiveness", the Strategy states that "the Council will seek to use limited resources strategically to ensure maximum impact on delivering positive change for young people. This drives the Council to select carefully the issues we work on and to specifically target programmes, activities and resources".

The Riccarton/Wigram Community Board in their Objectives 2002/03 have agreed to support community governance processes by building coalitions with and between community groups and other agencies (3.1).

One of the strategies identified in the Riccarton/Wigram Community plan Matrix is "to ensure that young people have access to youth friendly health services in Hornby by encouraging partnerships between local health services and appropriate youth health organisation".

SUMMARY

International, national and local research have clearly indicated that youth specific services enhance the utilisation of primary care and mental health services by young people. Young people account for around 20% of the population nationally, in the Hornby area they account for 22.5% of the population. Hornby has a higher proportion of young people between the ages of 12-14 than the national average.

The Youth Health Trust has a history of providing quality, affordable youth health services to young people in Christchurch since 1994. The Trust's proposal to establish a Youth Health Service in Hornby, in partnership with the Hornby Care Medical Centre is based on sound knowledge and experience of working with young people in this field, as well as research. The proposal is supported by a comprehensive, professionally outlined business plan which includes information on the following areas related to the Youth Health Service proposal; services provided, benefits, clients, reasons why the service is required, stakeholders, core values, long term objectives, maintenance objectives, description of the service, expected outcomes and related costs towards the establishment of this project.

The Sockburn Advocacy team believe that young people in the Hornby area would greatly benefit by having a Youth Health Service that provided youth specific services. The overall aims and objectives of this proposal are in line with the Christchurch City Council's Youth Policy, Youth Strategy, the Riccarton Wigram Board Objectives and Community Plan Matrix.

The Youth Health Trust is requesting from the Riccarton Wigram Community Board, assistance with the initial setting up costs (\$7,792.00) of a Youth Health Service at 58 Carmen Rd, Hornby.

At present there is \$10,300 in the Community Board's Youth initiatives Project Funds 2001/02.

Recommendation: That the Riccarton/Wigram Community Board allocate the amount of \$7,800.00 from the Youth Initiatives Project Funds 2001/2002 towards the initial setting up costs of a Youth Health Service in Hornby.

The money is to be returned to the Community Board (by June 2003) if funding for the first twelve months of operation of the Youth Health Service is not secured by the Youth Health Trust.

Chairman's

Recommendation: That the Officer's recommendation be adopted.